Evolution of binary supermassive black holes: the final parsec problem is solved

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Plan of the talk

Why binary supermassive black holes?

Evolutionary stages of binary black holes

Loss cone theory in spherical and non-spherical systems

N-body simulations and their limitations

The novel Monte Carlo simulation method

Results and analysis of Monte Carlo simulations

Conclusions
Most galaxies are believed to host central massive black holes.

In the hierarchical merger paradigm, galaxies in the Universe have typically 1–3 major and multiple minor mergers in their lifetime.

Every such merger brings two central black holes from parent galaxies together to form a binary system.

We don't see much evidence for widespread binary SBH (to say the least) – therefore they need to merge rather efficiently.

Merger is a natural way of producing huge black holes from smaller seeds.
Evolutionary track of binary SBH

- Merger of two galaxies creates a common nucleus; dynamical friction rapidly brings two black holes together to form a binary (distance: $a \sim 10\, \text{pc}$)
- Three-body interaction of binary with stars of galactic nucleus ejects most stars from the vicinity of the binary by the slingshot effect; a “mass deficit” is created and the binary becomes “hard” ($a \sim 1\, \text{pc}$)
- The binary further shrinks by scattering off stars that continue to flow into the “loss cone”, due to two-body relaxation or other factors
- As the separation reaches $\sim 10^{-2}\, \text{pc}$, gravitational wave (GW) emission becomes the dominant mechanism that carries away the energy
- Reaching a few Schwarzschild radii ($\sim 10^{-5}\, \text{pc}$), the binary finally merges
Evolutionary stages and timescales

- Initial hardening
- Loss cone evolution
- GW emission

$1/a (\text{pc}^{-1})$ vs $T (\text{Myr})$

[from Khan+ 2012]
Gravitational slingshot and binary hardening

A star passing at a distance $\lesssim 2a$ from the binary experiences a complex 3-body interaction which results in ejection of the star with velocity

$$v_{ej} \sim \sqrt{\frac{m_1 m_2}{(m_1 + m_2)^2}} v_{bin}.$$  

These stars carry away energy and angular momentum from the binary, so that its semimajor axis $a$ decreases:

$$\frac{d}{dt} \left( \frac{1}{a} \right) \approx 16 \frac{G \rho}{\sigma} \equiv S_{\text{full}} \quad [\text{Quinlan 1996}]$$

Thus, if density of field stars $\rho$ remains constant, the binary hardens with a constant rate.

However, the reservoir of low angular momentum stars which can be ejected is finite and may be depleted quickly, so that the binary stalls at a radius $a_{\text{stall}} \sim (0.1 - 0.4)a_h$. 
Loss cone theory

The region of phase space with angular momentum \( L^2 < L^2_{\text{LC}} \equiv 2G(m_1 + m_2) a \) is called the loss cone. Gravitational slingshot eliminates stars from the loss cone in one orbital period \( T_{\text{orb}} \). The crucial parameter for the evolution is the timescale for repopulation of the loss cone. In the absence of other processes, the repopulation time is

\[
T_{\text{rep}} \sim T_{\text{rel}} \frac{L^2_{\text{LC}}}{L^2_{\text{circ}}}, \quad \text{where} \quad T_{\text{rel}} = \frac{0.34 \sigma^3}{G^2 m_* \rho_* \ln \Lambda}
\]

is the relaxation time.

If \( T_{\text{rep}} \lesssim T_{\text{orb}} \), the loss cone is full (refilled faster than orbital period). In real galaxies, however, the opposite regime applies – the empty loss cone. In this case the hardening rate

\[
S \equiv \frac{d}{dt}(a^{-1}) \sim \frac{T_{\text{orb}}}{T_{\text{rep}}} S_{\text{full}}.
\]

Relaxation is too slow for an efficient repopulation of the loss cone: in the absense of other processes the binary would not merge in a Hubble time. This is the “final-parsec problem” [Milosavljević&Merritt 2003]
$N$-scaling in the empty loss cone regime

Hardening rate $S \equiv \frac{d}{dt}(a^{-1}) \propto T_{rel}^{-1} \propto N^{-1}$

(a) short-term

(b) long-term evolution

[from Merritt+ 2007]
Possible ways to enhance the loss cone repopulation

- Brownian motion of the binary (enables interaction with larger number of stars) [Milosavljević&Merritt 2001; Chatterjee+ 2003]

- Non-stationary solution for the loss cone repopulation rate [Milosavljević&Merritt 2003]

- Secondary slingshot (stars may interact with binary several times) [MM03]

- Gas physics – under special circumstances [Lodato+ 2009, Roškar+ 2014]

- Perturbations to the stellar distribution arising from transient events (such as infall of large molecular clouds, additional minor mergers and massive black holes, ...)

Loss cone in non-spherical stellar systems

Angular momentum $L$ of any star is not conserved, but experiences oscillations due to torques from non-spherical distribution of stars. Therefore, much larger number of stars can attain low values of $L$ and enter the loss cone at some point in their (collisionless) evolution, regardless of two-body relaxation.

This has led to a conclusion that the loss cone should remain full in axisymmetric and especially triaxial systems.
Loss cone in non-spherical stellar systems

- Centrophobic
- Centrophilic

particles that can arrive into the loss cone
not in loss region
spherical
axisymmetric
triaxial

- Not in loss region
- Spherical
- Axisymmetric
- Triaxial
Merger simulations hint for a full loss cone

Hardening rates in merger simulations were found to be $N$-independent

[Preto+ 2011]

[Khan+ 2011]
Evolution of isolated systems in different geometries

We have performed simulations of binary black hole evolution in three sets of models: spherical, axisymmetric and triaxial.

In all three cases the hardening rate appears to drop with $N$ in the range $10^5 \lesssim N \lesssim 2 \times 10^6$, but it drops slower in non-spherical cases.

Moreover, this rate is several times lower than the rate that would be expected in the full loss cone regime.

[Vasiliev, Antonini & Merritt 2014]
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[Vasiliev, Antonini & Merritt 2014]

- Is there a convergence in the limit $N \rightarrow \infty$?
- If yes, why the limiting hardening rate seems to be much smaller than the full loss cone value?
- Does it stay constant with time, after all?
- Why the results of merger simulations are different?
Problems with direct $N$-body simulations

- We model galaxies with $N_{\star} \sim 10^{10-12}$, but our simulations are feasible only for $N \sim 10^6$;
- therefore, one needs to extrapolate our findings to much higher $N$;
- but one cannot simply scale the hardening rate to different $N$:
  - the contribution of collisional relaxation to loss cone repopulation scales as $N^{-1}$, but the collisionless processes are independent of $N$;
- we cannot afford having much larger $N$ even with the best hardware and improved algorithms;
- need a simulation method in which we may adjust the relaxation rate independently of particle number.
- the way to go: combine scattering experiments, evolution of the orbits in a smooth field, and an approximate treatment of relaxation.
Scattering experiments

The interaction between the binary MBH and the field stars may be described as a sum of individual 3-body scattering events. In each such event, one tracks the changes in energy and angular momentum of the binary [e.g. Sesana+ 2006,2007], or records these changes for the star and adjusts the binary orbit parameters using the conservation laws [Meiron&Laor 2012]. The population of stars that are able to interact with the binary does not stay constant – it needs to be tracked self-consistently:

- stars with low angular momentum are depleted;
- the density cusp around the binary is eroded;
- stars may re-enter the loss cone due to two-body relaxation and non-spherical torques;
- the geometry of non-spherical cusp changes with time.

To address these issues, a model for the evolution of the stellar distribution must be developed.
Self-consistent field method

This method is used for the study of collisionless systems with moderate deviation from spherical shape. The idea is to expand both density and potential of the system using a suitable (usually orthogonal) set of basis functions which are themselves solutions of Poisson equation (Hernquist&Ostriker 1992):

\[
\rho(x) = \sum_n C_n \rho_n(x), \quad \Phi(x) = \sum_n C_n \Phi_n(x), \quad \nabla^2 \Phi_n(x) = 4\pi \rho_n(x) \text{ for } \forall n.
\]

Usually one takes the basis functions to be products of some function in radius and spherical harmonics:

\[
\Phi_n(r) = \Phi_{n,l}(r) Y_{l}^{m}(\theta,\phi); \quad n \equiv \{n, l, m\}.
\]

The coefficients of expansion \(C_n\) are computed from the positions of all \(N\) particles as

\[
C_n = \int d^3x \Phi_n(x) \rho(x) = \sum_{i=1}^{N} \Phi_n(x_i) m_i.
\]

The simulation workflow is:

1. Compute the coefficients of potential from particle positions;
2. Move particles according to forces obtained by differentiating the potential, with a timestep \(\Delta t \ll T_{\text{dyn}}\).
Self-consistent field method

- This method works rather accurately for systems that have a well-defined center and are well approximated by a moderate number (≈ few dozen) of expansion terms.
- Since particles do not interact with each other explicitly, but their motion is mediated by a smooth potential which represents the mean field, this method is well suited for collisionless simulations.
- However, it is not entirely free of numerical relaxation, since the discreteness noise in the expansion coefficients lead to time-dependent fluctuations in the potential. In fact, the magnitude of numerical relaxation is only a factor of few lower that for other methods with the same $N$.
- A possible way to reduce fluctuations:
  1. use longer time intervals between updating the potential expansion coefficients (but keep short enough timesteps for integrating the orbits);
  2. during each update interval, store several sampling points for each particle, to increase the effective number of points used in computing coefficients and hence to reduce discreteness noise.
Temporal smoothing in the SCF method

Using a longer interval between potential recomputation and increasing the number of sampling points per particle does help to reduce the artificial relaxation rate by $1 - 2$ orders of magnitude.
Monte Carlo method for collisional stellar systems

Introduced in early 1970s by Spitzer and Hénon as an approximate way of treating two-body relaxation phenomena. In the formulation of Spitzer & Hart (1971), the equations of motion of each particle in the system are integrated numerically, and after each step a perturbation is applied to the particle’s velocity, using first- and second-order diffusion coefficients calculated from the standard two-body relaxation theory:

\[ \Delta v_\parallel = \langle \Delta v_\parallel \rangle \Delta t + \zeta_1 \sqrt{\langle \Delta v_\parallel^2 \rangle} \Delta t, \]
\[ \Delta v_\perp = \zeta_2 \sqrt{\langle \Delta v_\perp^2 \rangle} \Delta t, \]

where \( \zeta_1, \zeta_2 \) are two independent normally distributed random numbers. The potential of the system is then recomputed using the new positions of all particles. In the original formulation, this has been used in a spherical geometry only, but it is easy to generalize to non-spherical cases, using the SCF approach.
The treatment of two-body relaxation

Local (position-dependent) velocity diffusion coefficients:

\[ v\langle \Delta v_{||}\rangle = -\left(1 + \frac{m}{m_*}\right) l_{1/2}, \]

\[ \langle \Delta v_{||}^2 \rangle = \frac{2}{3} \left(l_0 + l_{3/2}\right), \]

\[ \langle \Delta v_{\perp}^2 \rangle = \frac{2}{3} \left(2l_0 + 3l_{1/2} - l_{3/2}\right), \]

Here \( m \) and \( m_* \) are masses of the test and field stars, and

\[ l_0 \equiv \Gamma \int_0^0 dE' f(E'), \]

\[ l_{n/2} \equiv \Gamma \int_{E' \Phi(r)}^E dE' f(E') \left( \frac{E' - \Phi(r)}{E - \Phi(r)} \right)^{n/2}, \]

\[ \Gamma \equiv 16\pi^2 G^2 m_* \ln \Lambda = 16\pi^2 G^2 M_{\text{tot}} \times (N_*^{-1} \ln \Lambda). \]
## Implementations of the Monte Carlo method

<table>
<thead>
<tr>
<th>Name</th>
<th>Reference</th>
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<th>timestep</th>
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<td>-</td>
<td>single/binary stellar evol., few-body scattering (num.)</td>
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<td>self-consistent background $f(E)$</td>
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1. One-to-one correspondence between particles and stars in the system
2. Massive black hole in the center, loss-cone effects
The novel Monte Carlo method for arbitrary geometry

The combination of the temporally-smoothed SCF approach for representing arbitrary non-spherical potential with the Spitzer’s formulation of two-body relaxation using local velocity diffusion coefficients leads to a new implementation of the Monte Carlo method suitable for arbitrary geometry.

- **Gravitational potential:**
  particles move in a smooth potential represented by a basis-set expansion.

- **Orbit integration:**
  variable timestep Runge-Kutta; orbits are computed in parallel, independently from each other, during each update interval.

- **Two-body relaxation:**
  apply perturbation to particle velocity using local diffusion coefficients.

- **Potential and distribution function update:**
  update interval $\gg$ dynamical time $\Rightarrow$ temporal smoothing; use many sampling points per particle during each update interval $\Rightarrow$ reduce discreteness noise.
An example of orbit in a triaxial potential

Original orbit

Perturbed orbit \( N_x = 10^6 \)

Angular momentum

Energy

Time
Application to the final-parsec problem

- Follow the merger and initial hardening by a conventional $N$-body code;
- after the formation of hard binary, switch to Monte Carlo method:
  - during each episode, evolve particles in a time-dependent potential of binary MBH moving on a Keplerian orbit with fixed parameters;
  - at the end of episode, record the changes of energy and angular momentum of each particle during each close encounter with the binary, sum them up and adjust the orbit of the binary using conservation laws [e.g. Sesana 2010, Meiron&Laor 2012];
- this automatically accounts for depletion and repopulation of the loss cone, secondary slingshot, and change of shape of the gravitational potential; does not account for brownian motion;
- may also include two-body relaxation in addition to non-spherical torques $\Rightarrow$ naturally interpolate between finite $N$ and $N = \infty$. 
Calibration of Monte Carlo simulations

- Monte Carlo simulations are in qualitative agreement with direct \( N \)-body simulations for all combinations of parameters that we explored (\( N \), mass ratio, eccentricity, geometry, ...)

- There are no free parameters in the Monte Carlo method (apart from the pre-factor \( \eta \) in the Coulomb logarithm \( \log \Lambda = \log \eta N \), \( \eta \sim 0.02 \) calibrated by measuring energy diffusion rate in simulations without binary).

![Graph showing isolated models and merger simulations with different parameters and particle counts.](image-url)
Long-term binary evolution in Monte Carlo simulations

- Hardening rate decreases with time in all three geometries.
- In the absence of relaxation ($N_\star = \infty$), it drops to zero in spherical and axisymmetric cases, but stays high enough in triaxial case.
- Systems with relaxation eventually settle at a constant hardening rate for large enough time.
- There is little difference between axisymmetric and triaxial systems even for $N_\star$ as large as $5 \times 10^6$, but in the collisionless limit their evolution is qualitatively different!
Qualitative analysis of long-term collisionless evolution

- To shrink the binary by a factor of two, one needs to eject stars with total mass $\sim M_\odot$; thus one needs to supply a few$\times M_\odot$ worth of stars into the loss cone over the entire evolution.
- Stars on centrophilic orbits in the extended loss region can eventually enter the loss cone; but in the axisymmetric case the volume of loss region shrinks as the binary hardens.
- The population of loss region is gradually depleted, faster at high binding energies; so the hardening rate $S$ decreases with time.

\[ S \propto \int f(E) \xi(E) \, dE \]
Estimates of the coalescence time

The joint evolution of binary semimajor axis $a$ and eccentricity $e$ in a collisionless triaxial system is given by

$$S ≡ \frac{d(1/a)}{dt} = S_*(a) + S_{GW}(a, e), \quad \frac{de}{dt} = \frac{de}{dt} \bigg|_* + \frac{de}{dt} \bigg|_{GW},$$

$$S_* \approx \mu S_{\text{full LC}} \left(\frac{a}{a_h}\right)^\nu, \quad \mu \lesssim 1, \quad \nu \sim 0.3 - 0.6,$$

$$\frac{de}{dt} \bigg|_* \approx A S_* a e (1 - e^2)^{b} \left(1 + \frac{a}{a_0}\right)^{-1}, \quad b = 0.6, \quad a_0 = 0.2a_h, \quad A = 0.3,$$

$$S_{GW} = \frac{64}{5} \frac{G^3 M^3}{c^5 a^5} \frac{q}{(1+q)^2} \frac{1 + \frac{73}{24} e^2 + \frac{37}{96} e^4}{(1 - e^2)^{7/2}},$$

$$\frac{de}{dt} \bigg|_{GW} = -\frac{G^3 M^3}{c^5 a^4} \frac{q}{(1+q)^2} \frac{e(304 + 121e^2)}{15(1 - e^2)^{5/2}}, \quad [\text{Peters 1964}].$$
Estimates of the coalescence time

If one ignores the eccentricity change, the evolution equation for $a$ is solved analytically. The coalescence time for $e = 0$ estimated by equating $S_* = S_{GW}$ is

$$T_{\text{coal}, \text{est.}} \approx 1.7 \times 10^8 \text{ yr} \times \left( \frac{r_{\text{infl}}}{30 \text{ pc}} \right)^{\frac{10+4\nu}{5+\nu}} \left( \frac{M_*}{10^8 M_\odot} \right)^{-\frac{5+3\nu}{5+\nu}} \mu^{-\frac{4}{5+\nu}} 20^\nu.$$  

The numerical solution of the full ODE system agrees well with the Monte Carlo simulations.
Summary

- The final-parsec problem in the binary MBH evolution is related to the efficiency of repopulation of the loss cone.
- This repopulation occurs faster in non-spherical geometry, because the loss cone is fed from a much larger “loss region” due to collisionless processes.
- The loss cone never stays “full”, even in triaxial geometry; as the loss region is gradually depleted, the hardening rate slows down.
- It is difficult to disentangle collisional and collisionless effects (suppress 2-body relaxation) in conventional $N$-body simulations.
- A novel Monte Carlo method with arbitrary geometry and adjustable relaxation rate is applied to the binary evolution.
- In the collisionless limit, the final parsec problem may be solved only in triaxial systems (axisymmetry is not enough).

Thank you!